

## Contraindications to Massage

There are times when we will not be able to carry out a massage treatment, we advise you to first consult the list below before making an appointment.

If you have any of the following conditions we cannot treat you without a letter from your Doctor advising us that it is safe to do so.

- Cancer or other tumours
- High and low Blood Pressure
- Arteriosclerosis (Hardening of the arteries)
- Osteoporosis
- Diabetes
- Epilepsy
- Heart Disease
- Circulatory / bleeding problems (ie; Haemophilia)
- Lung Disease
- Spastic Conditions